

Your 'COSY LODGE' holiday

First things first....Bedding and Towels

There are uncovered duvets and pillows on the beds. The bed in the main bedroom is double size, and there are two single beds in each of the other 2 bedrooms.

You will need to take duvet covers, pillow covers, bed sheets and towels.

Also, bath mats and tea towels if needed!

DIRECTIONS

Take the M5 to Exeter and then either the A30 or the A38 to St Merryn.

The full postal address is:

Atlantic Bays Holiday Park
St Merryn
Padstow
Cornwall. **PL28 8PY**

Telephone: 01841 520855 or 01841 520419

Site website: www.atlanticbaysholidaypark.co.uk

CHECK-IN AND CHECK-OUT TIMES

The Lodge will be **available from 4pm** on the day of your arrival. We ask that you kindly **leave the Lodge by 10am** on your final day so that it can be cleaned for the next guests.

ARRIVAL

As you enter the park, the road swings round to the right (past the children's play area in front of you) and the reception building and shop is the first brown building on your right.

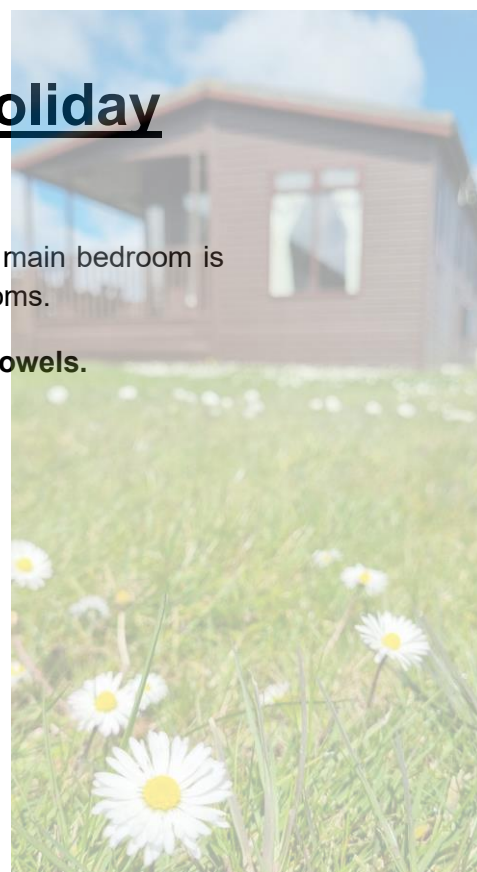
Please report to the reception/ office to notify them of your arrival (for health and safety issues and to register your car for the automatic gate system). Reception opening times are 9am – 5pm Monday to Saturday. **IMPORTANT:** If you are likely to be arriving out of hours then please contact the reception during open hours to register your car for the gate system.

Our lodge is the first one you see the end of straight ahead of you opposite the reception buildings (it has 'Cosy Lodge' above the front door) but if you're not sure, the reception staff will point you in the right direction.

Our accompanying sheet 'Welcome to Cosy Lodge' has all the necessary practical details about the Lodge that we can think of! However, if you have any queries, then please ask!

LOCAL PLACES TO VISIT / EATERIES TO TRY

With no less than 7 different beaches to choose from nearby (Constantine, Harlyn, Mother Ivey's, Boobys, Porthcothan, Trevone and Treyarnon) there is no shortage of coastline for you to enjoy whether it be playing, surfing, rockpooling at the beach or walking the many coastal footpaths. Local tide times are available from reception.



The park is located one mile from St Merryn village which has restaurants, pubs, takeaways and small shops for essentials. A few miles away is Padstow, a historic fishing port, the home of Rick Stein's Fish restaurant together with countless yummy pasty and ice cream shops!

There is a book in the Lodge which has recommendations for places to go and nice eateries to try. If you go somewhere that you'd really recommend and it's not in the book, please do write it down so that others can try it out!

THE CAMEL CYCLE TRAIL

If you wish to take bikes and find a lovely cycle ride, the Camel Trail is a beautiful (and most importantly, flat!) cycle path which runs between **Padstow** and **Wadebridge** and beyond to **Bodmin**. This makes a great day out, although if you have young ones, it can take a while with a few rest stops, so it is advisable to go armed with drinks and snacks. There are a few places in Padstow and Wadebridge where you can hire bikes (including electric) instead if needed.

CLEANING

The lodge will be cleaned after your departure. **However, please leave things tidy.**

WI-FI

There is Wi-Fi internet access available (at a charge) from the site. If needed, please contact reception for more details.

RECYCLING

There are recycling facilities onsite which take Cans/Paper/Cardboard/Plastic. Please do use them if possible. There is a bin for recyclable items under the end of the counter in the kitchen.

BAR FACILITIES

Please note that the site facilities have recently been damaged in the winter storms, so are currently in the process of being refurbished. We can recommend the bar at St Merryn Holiday Park (walkable just over the road – turn left out of the site and first right) which offers food and a variety of nightly entertainment during the peak season months.

SHOPS

The on site shop is usually open 9-5 Monday to Saturday for milk and basic essentials. Opening hours vary with seasons so please double-check with reception for these. In addition, there is a shop (walkable) over the road at St Merryn Holiday park or a well stocked Premier local store a few minutes drive into St Merryn village.

Please note: you can also book online grocery shops with most of the major supermarkets who will deliver to the site.

LAUNDRY

Please feel free to use the washing machine in the Lodge. If required there is a Laundry block across from the Lodge next to reception where you can use the **Tumble Dryers**. They take a £1 coin and the setting of an iron with a line through it is the recommended one to use.

E-VEHICLES

There is no charging point on-site, please **do not** charge from the plugs in the lodge. The nearest public charging points are around Padstow.

Many thanks, and all that's left for us to say is, have a fantastic time and we hope that Cosy Lodge proves to be a comfortable base for a great holiday! 😊